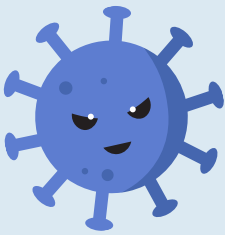
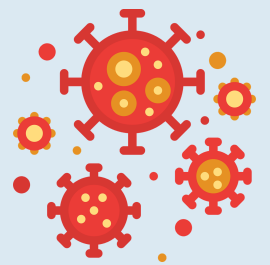
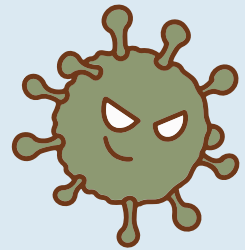
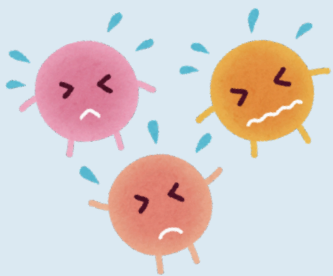


Home Allergy Prevention and Mitigation Guide



KOKORO

Cleaning Services

HENDERSON

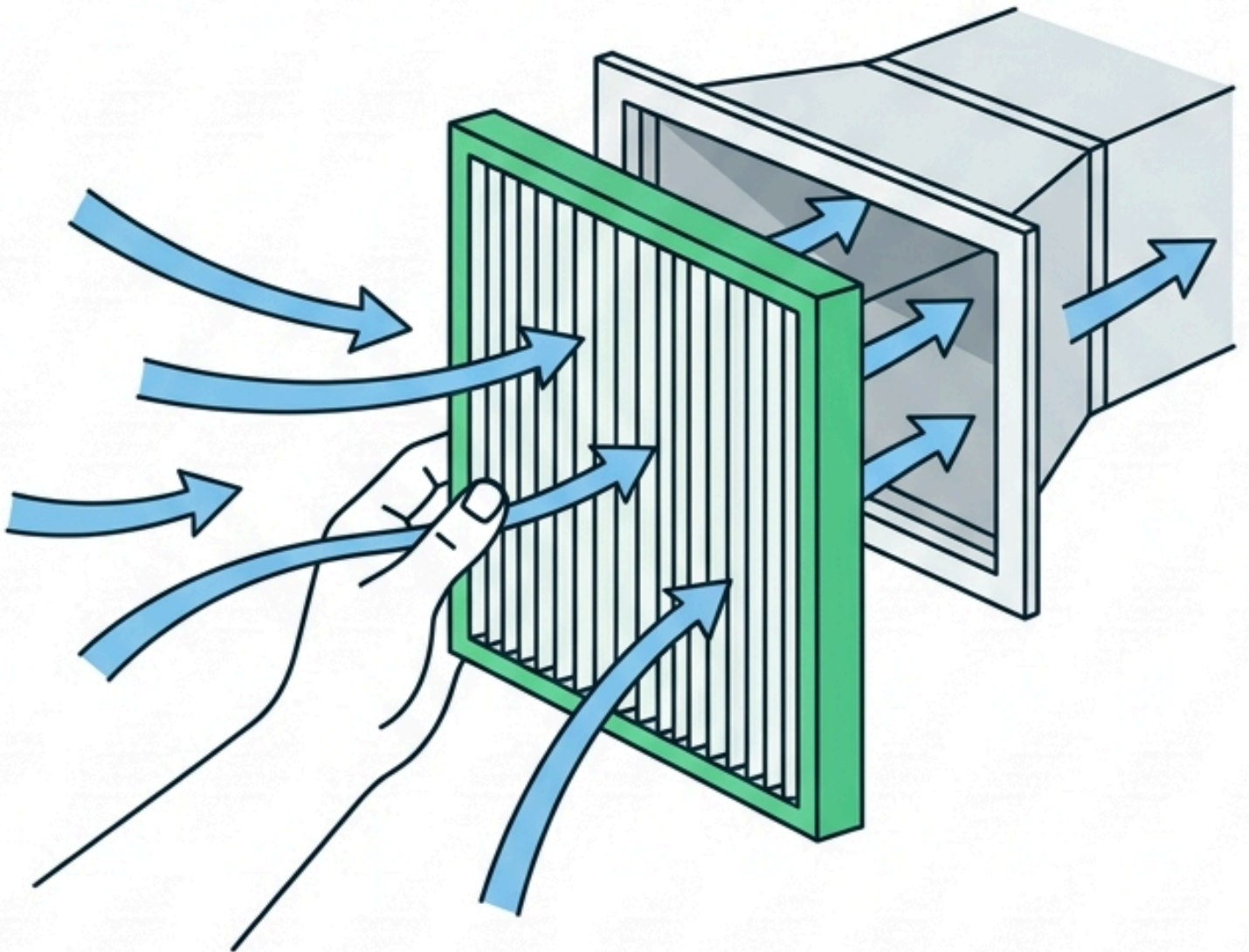
Creating a safe home environment includes effective allergy prevention, including regular cleaning, using air purifiers, and selecting hypoallergenic materials.

These measures can significantly enhance the quality of life for those with sensitivities.

We've outlined a few specific steps in this guide, because *Kokoro Cares* about your health, your home, and your family.



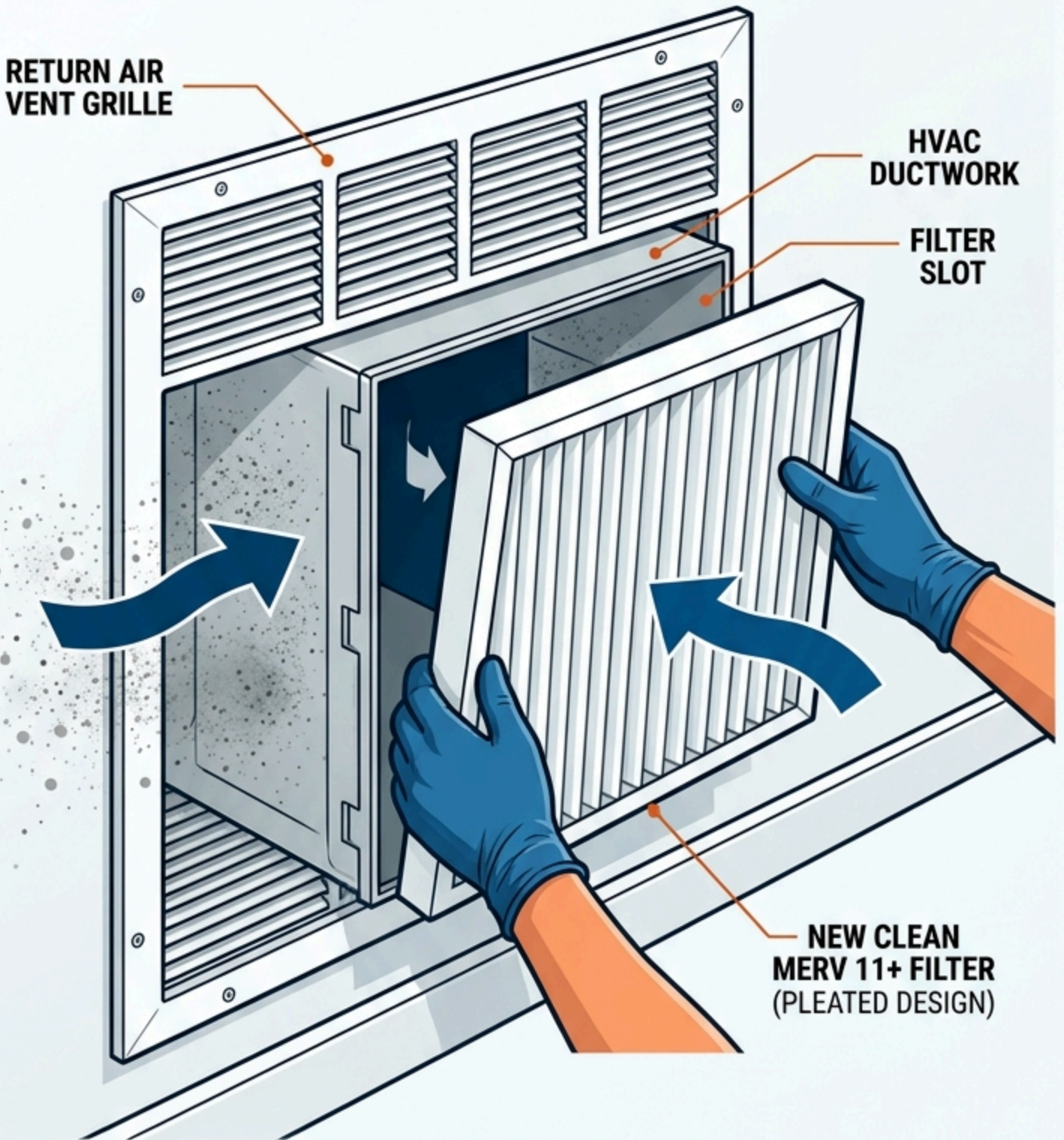
1. REPLACE HVAC FILTER



MERV 11+ RATED FILTER

- Traps pollen, dust mites, mold
- Improves indoor air quality
- Replace monthly during peak seasons

HVAC & AIR FILTRATION GUIDE



1. UPGRADE TO MERV 11+ RATING:

Captures 85%+ of fine particles (dust, pollen, mold).



2. REPLACE FILTER EVERY 30-60 DAYS:

Maintain optimal airflow and efficiency. Check monthly.

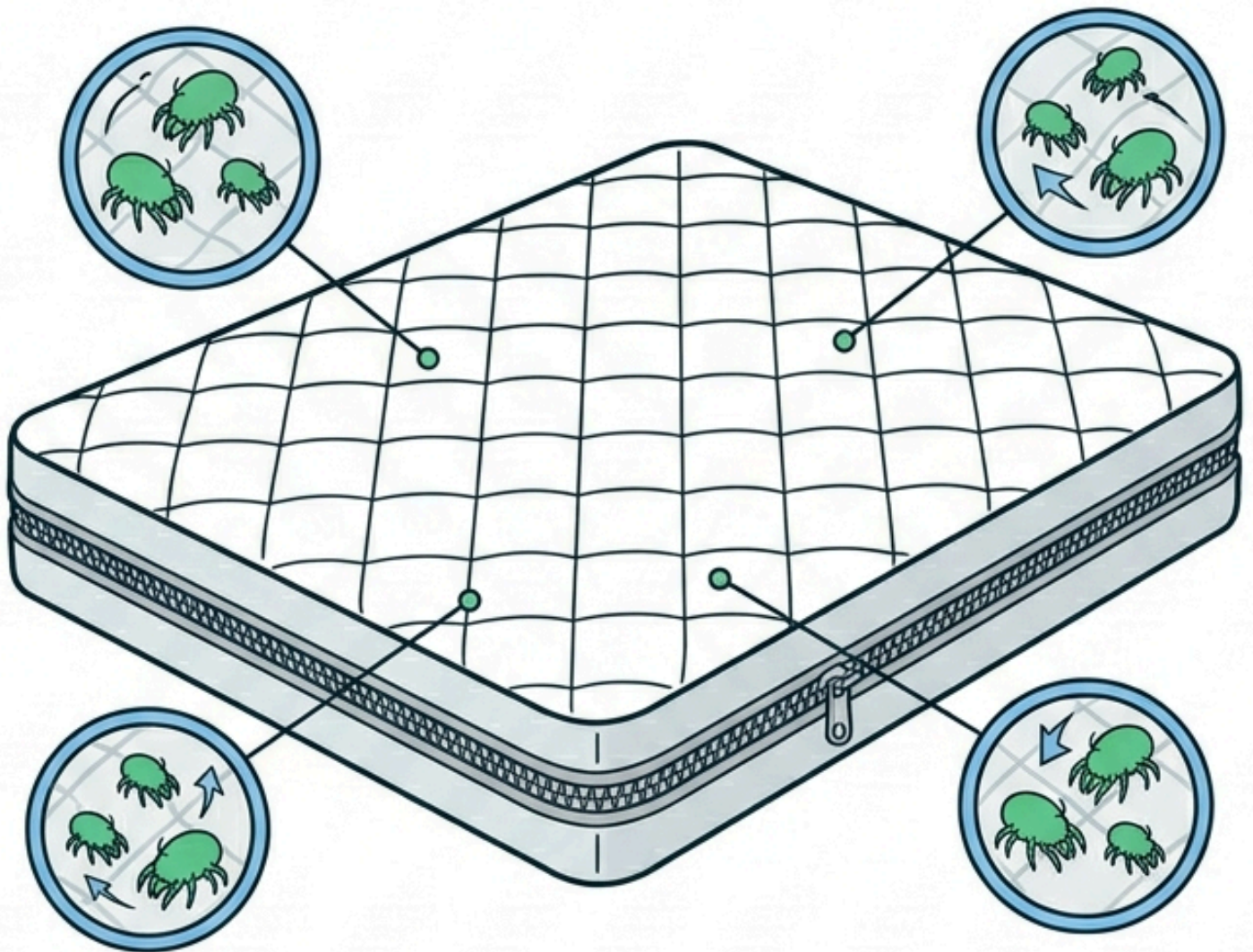


3. CHECK FRAME SEAL:

Ensure no gaps exist between the filter frame and the housing to prevent bypass.



2. APPLY MATTRESS ENCASEMENTS



ALLERGEN-BARRIER ENCASEMENT

- Seals dust mites & allergens
- Creates protective barrier
- Easy to clean

CREATE YOUR SANCTUARY

The 2-Step Protocol for Allergy-Free Sleep

STEP 1: ENCASE YOUR BED 1



STEP 2: REGULAR CLEANING 2



MASTER YOUR INDOOR CLIMATE.

A SCIENTIFIC GUIDE TO HEALTHY HUMIDITY.



POWER ON



ULTRASONIC TECHNOLOGY

HIGH RISK

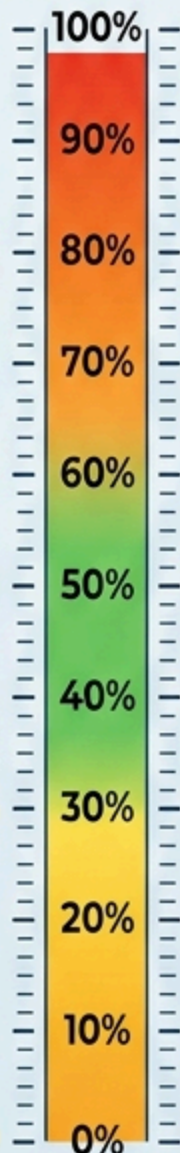
HEALTHY RANGE
30% - 50%

*EPA & Major HVAC Brand Recommendation.

Balancing comfort & health factors.*

LOW HUMIDITY


ALERT: DRYNESS



HIGH HUMIDITY ALERT: MOISTURE

 **MOLD GROWTH RISK**

 **DUST MITES THRIVE**

 **COMFORT ISSUES / STICKINESS**

 **POTENTIAL STRUCTURAL DAMAGE**

*Dust mites & mold thrive in high humidity microenvironments

 **IDEAL COMFORT**


 **OPTIMAL SLEEP**

 **REDUCED VIRUS SURVIVAL**

 **OPTIMAL SKIN HYDRATION**

SAFE ZONE

 **DRY SKIN**

 **RESPIRATORY ISSUES**

 **STATIC ELECTRICITY**

 **INCREASED VIRUS TRANSMISSION RISK**

MONITOR DAILY | ADJUST HUMIDITY | OPTIMIZE HEALTH

Kokoro Cleaning Service | (702) 710-1201 | www.cleaningservicehenderson.com

Kokoro Cleaning Service Henderson | (725) 777-2540 | kokorocleaning.net



3. VACUUM FABRIC UPHOLSTERY



REGULAR VACUUMING

- Removes surface allergens
- Focus on sofas, chairs, etc.
- Use with HEPA filter